

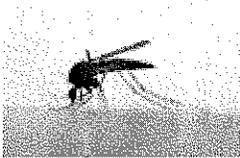


BOARD OF HEALTH
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EEE & WNV



With the cooler weather fast approaching, mosquitoes are still present and a threat as seen this past weekend with a death of an elderly man in Raynham. Please be aware before you head out to take a few simple steps to keep from getting bit by mosquitoes. Every year we face an increased risk of two different viruses that are spread through bites by infected mosquitoes — West Nile Virus (WNV) and Eastern Equine Encephalitis (EEE). These mosquito-borne illnesses can cause serious health problems. The good news is that you can avoid mosquito bites and "mosquito-proof" your home today.

- Use bug sprays that contain DEET, permethrin, IR3535 or picaridin (KBR 3023) to provide protection against mosquitoes. In addition, oil of lemon eucalyptus has been found to provide as much protection as low concentrations of DEET. Avoid wearing perfume or scented products.
- Take special care to cover up the arms and legs of children playing outdoors. When you take a baby outdoors, cover the baby's carriage or playpen with mosquito netting.
- Consider rescheduling outdoor activities that take place during evening or early morning hours. That's prime time for mosquito bites.
- Fix any holes in your screens and make sure they are tightly attached to all your doors and windows.

Be sure not to dump trash, leaves, or grass clippings into streams or drains, so that water will flow freely.

- Remove sources of standing water around your home. Mosquitoes will begin to breed in any puddle or standing water that lasts for more than four days. Check gutters, ceramic pots, trash cans, recycling containers, old tires, wading pools, bird baths, watering dishes for pets, etc.

The Norfolk County Mosquito Control staff continues to spray the areas of Foxborough on a weekly basis. If you have a particularly troublesome mosquito problem in your area you can call them at 781-762-3681.

Check out our website for further information at www.foxboroughma.gov
Under Foxborough HEALTH DEPARTMENT.

9/6/2011