

Dodgeball Rules

1. The game begins with both teams on opposite sides lined up **BEHIND** the end line.
2. Teams may rush to the center, when the whistle is blown to signal the start of the game, to grab the dodgeball.
3. After players pick up balls from the center, players must go behind the attack line before the first throw.
4. Player throws ball at the opponent- opponent gets hit by ball- opponent is now out. **NO HEAD SHOTS ALLOWED!**
5. If the ball bounces before hitting player, the player is **NOT** out.
6. If a player throws a ball and it is caught by the opponent, the player “thrower” is out **AND** a member of the “catching” players team will be allowed back in.
7. If a player who is “out” re-enters the game illegally, the team automatically forfeits the game.
8. When all the players on one team are **OUT**. The game is over.

Have Fun!

Dip, dive, duck but especially **DODGE!**

