



Foxboro Recreation presents....

# The Hawks Track Team

**A co-ed track team for kids grades 4-8**

**With coaches Val and Jeremy Collins and Virginia Hershman**

There are so many opportunities for kids to play basketball, football, soccer, baseball and lacrosse... but for kids that want to run track.. we have a new option for you!

This co-ed track team is for kids in grades 4- 8. Not only is it an introductory program to teach kids proper running form and technique but it is a conditioning program that provides kids opportunity to compete in local track meets all over Massachusetts. Compete, do not compete- it depends on the runner! Track meets are optional and costs an additional \$5 per meet.

**Practice – Wednesdays 4:15 pm  
Ahern Middle School Track  
111 Mechanic Street, Foxboro  
\$40 includes T-shirt**



*Are you ready for spring????*

Season starts:  
March 26th

Grades 4-8  
Ahern Track

Goal: To learn form and technique and provide an opportunity to experience track meets.