

AFFORDABLE HOUSING

The **Foxborough Housing Authority**, 90 N. Carl Annon Court, Foxborough, MA 02035
508-543-5960, Fax:508-698-0480 offers **State aided public housing** for low income elders (60 and over), disabled adults, and families. Call for information and an application. Foxboro residents may also apply at Housing Authorities in other towns.

Federal Public Housing Units are run by private management companies and are available to elders (62 and older), and disabled individuals. To apply for Federal Housing in Foxborough: contact Eastpoint Properties 603-262-3601.

Rental Assistance / Homelessness:

Call the Foxborough COA &HS at 508-543-1252 for information about and assistance in finding other housing programs.

DOMESTIC VIOLENCE RESOURCES

- **Domestic Violence Support Group.** Call the COA & HS at 508-543-1252 for information on supports available and how to attend a local support group.
- **H.U.G.S. - Foxboro (Help Us Get Safe)**
508-698-8784. HUGS is a local volunteer-run organization committed to making our community safer through educating on violence in relationships and by assisting victims and families affected by domestic violence. HUGS is not an emergency service, but provides a confidential phone number.

FOOD, CLOTHING, CHILDREN, ETC.

Foxborough Discretionary Fund / Food Pantry
35 Neponset Ave., 508-543-5235
Mailing address PO Box 636

- **Food Pantry**—Open: Tuesdays and Thursdays 9am-11am & 2nd and 4th Wednesday of each month 5pm—6:30pm

- **Summer Lunch Program** During summer school break, lunches are provided for school aged children who qualify for free or reduced cost lunch through the Foxborough public schools.
- **Fresh Start Program**—Back to school supplies and gift card for back to school clothing for Foxborough public school students who qualify for free or reduced cost school lunches.
- **Thanksgiving & Winter Holiday Programs**—Thanksgiving and Winter Holiday food basket, and clothing/toys at winter holidays are available to all residents that qualify.
- **Other Assistance - Assistance for urgent expenses.** Call the Discretionary Fund to discuss your particular situation. 508-543-5235

Foxborough School Dept: Free and Reduced Price School Meals - Children from families with incomes at or below 185 percent of the federal poverty level, Food Stamp (SNAP) or TANF members, homeless, foster, and migrants are eligible for free or reduced priced meals. **Applications are sent home to all families at the start of each school year**, and are available on the Foxborough Schools website and at the main office of each school. Families can call Allison Johnson, Director of Food Services, at 508-543-1656 with any questions.

Foxborough Senior Ctr.: Women, Infants and Children program—Two Thursdays a month, the Senior Center hosts the WIC program. WIC provides free food and nutritional information to pregnant women, infants and to children (including foster children) under the age of five. For appointments, call the **Quincy WIC office** at 617-376-4190 or 800-942-1007.

HESSCO Elder Services runs a **Hot Lunch Program** at the N. Carl Annon housing complex off Baker Street for those 60 years and older and

their spouses. There is a suggested \$2.50 donation for each meal. Call 508-698-0754 no later than the morning *before* the day you wish to attend.

HESSCO also offers **Home Delivered Meals** to elders who would otherwise have difficulty getting to the meal site. Call 781-784-4944.

The Council on Aging and Human Services 508-543-1252, can help individuals and families apply for programs such as **Food Stamps, Emergency Assistance, and MassHealth**

YMCA Reach Out for Youth and Families Scholarship provides financial assistance to any YMCA programs, activities, and services regardless of ability to pay. To sign up, fill out the scholarship form and return it to the Member Services Desk. Call 508-543-2523.

Email: fxscholarship@hockymca.org

FUEL ASSISTANCE

Low Income Heating Assistance - The Council on Aging and Human Services, 508-543-1252, takes applications for the Low Income Heating Assistance Program (LIHEAP) during the heating season. Applications are processed by Self Help Inc. (508-580-5440). Benefits may also include weatherization and heating system repairs. Help is available to home owners and most renters, even when heat is included in rent. Call the COA for an appointment.

Good Neighbor Energy Fund helps residents who are not eligible for LIHEAP. Income limits apply. Program administered by the Salvation Army through the Foxboro Discretionary Fund. Call 508-543-5235.

HEALTH INSURANCE COUNSELING

Free counseling from the **S.H.I.N.E. program** for seniors and Medicare beneficiaries regarding issues such as health plans, drug plans and billing issues. Call the COA at 508-543-1252 to schedule an appointment. Call HESSCO at 781-784-4944

to speak with a S.H.I.N.E. representative.

HEALTH SERVICES

The Council on Aging and Human Services can refer you for help meeting or reducing medical costs, such as help paying for health insurance and prescriptions. 508-543-1252.

Safe Drug Disposal: a drug disposal collection box is located inside the Public Safety Building, 8 Chestnut Street for *free* disposal of drugs you no longer need. No questions asked.

Examples of accepted drugs: Prescription & Over-the-Counter Medicines, Pet Medications, Prescription Liquids in unbreakable, leak-proof containers, Pills, Capsules & Patches, Prescription Ointments, Vitamins **But No Sharps**

The Board of Health, 508-543-1207, provides services such as free **blood pressure** and **blood sugar** screenings open to all residents. Other services include periodic **“sharps” collections** for those using hypodermic needles, periodic **unused medication collection**, and an annual **Rabies & Microchip Clinic** for cats and dogs.

The Board’s **FOG** program collects used **Fats, Oils and Grease** for recycling. Proceeds help fund the Discretionary Fund’s utility assistance program. Or details, see the Health Dept. page at www.foxboroughma.gov.

REAL ESTATE TAX ASSISTANCE

Tax exemption Information and applications are available from the Board of Assessors at 508-543-1215. Applicants must meet residency and home ownership requirements, and, for most programs, income and asset limits. Exemptions may be available to qualifying:

- **Older Citizens (exemption or tax deferral),**
- **Elderly Surviving Spouse, or Minor Child,**
- **Disabled Veterans** (Exemption may be available to veteran’s spouse, or the parents of a veteran who lost his/her life in service,)

- **Blind Persons**
- **Those in need due to Age & Infirmity & Financial Hardship.**

Senior Work-Off Program: Seniors can earn money towards their property tax bill. Must be sixty or older, and the assessed owner of the property. Contact the Senior Center for details and procedures. 508-543-1252

TRANSPORTATION

The Council on Aging Van-Go and Car-Go are available to seniors for transportation within Foxboro and for scheduled group trips to local areas. For details and reservations, call the Senior Center at 508-543-1252.

FISH uses volunteers to transport Foxboro residents to medical appointments within 11 miles of Foxboro. Call 508-698-3729.

GATRA 'Dial-A-Ride' transportation is a shared ride that provides transportation to several surrounding towns for various appointments, errands or social visits. transportation to several surrounding towns for various appointments, errands or social visits. Two business days notice is required for transportation and can be scheduled by calling 800-698-7676. The recommended donation is between \$1.25 and \$5.00 depending on distance.

GATRA 'Miles for Health' program is strictly for medical transportation. It brings clients to Boston hospitals Monday through Friday. On Wednesdays it provides "all other trips" to Burlington, Framingham, Worcester, Wellesley, etc. The recommended donation is \$10.00. A 48 hour advanced notice is required. Rides can be scheduled by calling 800-585-8294. Visit GATRA on their website at www.gatra.org

HESSCO Grant—Provides transportation to Boston medical appointments scheduled from 9:00 a.m. -11:00 a.m. on Mondays & Wednes-

days. Suggested donation is \$25. This is a shared ride for age 60 and older. Call HESSCO at 781-784-4944 for details.

Call the Council on Aging and Human Services about transportation needs. 508-543-1252

VETERAN SERVICES

Veteran Services Dept.
40 South Street, 508-543-1204

Veterans Services assists veterans with V.A. disability claims and annuity applications for 100% service connected disabled veterans, as well as educates 10% or more service connected disabled veterans on possible real estate tax partial abatements—Administers Mass. G.L.C. 115 financial assistance and emergency aid to eligible veterans, dependents and widows. Helps families apply for burial benefits and grave markers - Counsels veterans and provides referrals to other professional services as needed—Helps veterans apply for state wartime bonuses.—Facilitates monthly group "Mutual Mondays" for survivors of trauma -Provides veterans with access and referral to education, training and employment services—Helps veterans with service record concerns.

OTHER SERVICES

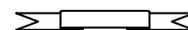
Highway and Tree and Park Dept.,
70 Elm Street,, 508-543-1228

Compost Site: The Compost Site has moved from Elm Street, to the old Landfill / Dump Site on East Belcher Road. Entrance is gained by the old Scale House. There will be no charge to Foxborough residents. Leaves, grass, and branches will still be accepted at the new site. Branches must be separated from leaves.

Water and Sewer Dept.
40 South Street, Phone: 508-543-1209,
Emergency Phone: 508-543-4343

Toilet Rebate Program: The Water Department

offers a toilet rebate program. If you replace a high flow toilet with a low flow toilet, the department will issue a check for \$100.⁰⁰ to defray the expenses. To verify installation, the Water Department will send a Technician out to your home to check the old toilet coming out and the new toilet going in. Please call for an appointment a day or two before the exchange takes place.



The Foxborough Council on Aging and Human Services

provides information, referral and assistance to all town residents. Programs to which we refer include :

- * Reduced Cost Dental Care, * Housing
- * Mental Health Resources, * Legal Services,
- * Support Groups * Transportation,
- * Food Assistance, * In-Home Care,
- * Tax Preparation Assistance through AARP
- * Health Insurance Counseling.

The Foxborough Senior Center

runs educational and recreational programs for seniors (age 60 and older), such as free movies, discussion groups, video lectures and low cost fitness classes. See our calendar in the Foxboro Reporter and on-line at

www.foxboroughma.gov

75 Central Street, 508-543-1252

Town of Foxborough Programs For Residents

Prepared by the
**Foxborough
Council on Aging and
Human Services**

75 Central Street
Foxborough, MA 02035
508-543-1252
Fax:508-543-1264

