

Foxborough Council on Aging and Human Services Board Meeting September 28, 2017

Present: Director Vicki Lowe, Chairperson Lloyd Gibbs, Vice Chairperson Milli Greene, Nancy Stockwell, Bob Murphy, Betty Travers, Ed O'Leary, Ann Alibrandi and HESSCO Rep. Helen Rice

Absent/Excused: Wendy Haney and Janet O'Neal

The meeting was called to order by Lloyd Gibbs at 3:00pm

Action Items: Election of Officers –Lloyd Gibbs nomination for Chairperson was made by Nancy Stockwell and seconded by Milli Greene. Milli Green was nominated for Vice Chairperson by Ann Alibrandi and seconded by Nancy Stockwell. Wendy Haney was nominated for Secretary by Milli Greene and seconded by Ann Alibrandi. All were running unopposed and voted unanimously approved.

Budget: FY'18 budget approved for \$2,500.00 in capital outlay account for automatic door opener adapter for the front door. This has been installed. The total was \$2,280.00. There is an additional charge for the electrician which Centralized Maintenance arranged. Vicki doesn't have the bill for that yet. No budget issues.

Director's Report: Per usual the summer is less active than the rest of the year. However we were extremely busy trying to cover Cathy Varnum's unfilled position and vacations and interview candidates for 3 positions. We hired a new part-time driver, we hired for a newly created position in the office, and the upgraded Community Services Social Worker position. The new driver is Karen Bongo (start date 5/30/17; office coordinator is Tracy Rozak (start date 7/25/17) and new Community Services Case Worker(social worker/ transportation position) is Christina LaRose (start date 8/28/17). We had 180 applicants for that position. Vicki has done a statistical analysis of our summer activity this year compared to last and our transportation is up 26%; our events attendance is up 33%. (see folder)

We have decided to discontinue the Durable Medical Equipment Program. There is another program, REquip, that will deliver equipment to a person's home. They have the ability to thoroughly sterilize anything donated to them, and deliver once it has been cleaned and refurbished. We are donating the items that REquip cannot take to another group in Quincy. The concern was raised as to how we can be sure that what we lend out does not contain MRSA, an antibiotic resistant staph superbug. We cannot guarantee this. EOEa discourages the lending program too. They also have liability concerns.

Our old copier stopped working and was not worth the cost to fix. The COA full stocked and supported the machine. Vicki said she did not have the money in my budget to replace it for public use. Newer machines supplies like toner are also quite expensive.

Two of our senior supper club meals had issues with the temperature when the food was delivered. The Board of Health trashed a tray of potato salad and cole slaw (cold food not cold enough); HESSCO

trashed an entire meal the following month. The cold and hot foods were not at acceptable temperatures. They have addressed this with the caterer, BATEMAN.

We have had a few glitches with programs. We had set up a housing options program with the condition that the presenter would not in any way link our center with her organization. It was broadly advertised with the our names paired. The woman would not comply so Vicki cancelled her. At the last minute Vicki was able to get another speaker on the topic and it all went well.

Our Food for Life program had to be canceled due to an emergency situation in the presenters family. I was able to find another nutritionist to do a 3 part series. Fliers in folders, please come if you can.

We were the winner of Aging Mastery Program (AMP) kits from MCOA. We received books and supplies to repeat the original program. MCOA had extra kits so they had a drawing, 4 COAs won them.

The YMCA Diabetes Prevention Pilot Program here at our senior center has had great success. In 2018 Medicare will pay for this program for people who are pre-diabetic. . On Nov. 3, Vicki will be on a panel with Bruce Auerbach, CEO at Sturdy hospital (our program was funded by a grant from the Sturdy Foundation) and Kimberly Cohen from the Hockomock YMCA to talk to providers about the program and the key role that the senior center plays in health and wellness initiatives.

We had the Safety and Memory Challenges program in Sept. and piloted our Program Partners. It worked out very well for the two programs to run simultaneously with the PP volunteers paired up with the clients with dementia. The success of it gave a few people confidence that they could be out of the room and their loved one were not anxious.

We will be a site for the "Savvy Caregiver" program through HESSCO this spring (2018). This is an evidence based program with 2 group leaders, one from HESSCO the other from South Shore Elder Services. The program teaches caregivers of people with Alzheimer's about the progression of the disease, what to expect, how to keep them engaged, etc.

Our partnership with the Charter school, who we have intergenerational computer classes with, has expanded to have an intergenerational fitness class using the state of the art equipment at their facility, along with customized fitness plans catered to the individual. Participants need to complete a CORI for the school. Classes begin on 10/11.

We are going paperless with our sign ups now that Tracy is on staff. This means that people are pre-registered for events they have signed up for, when they scan their cards the event will be checked. Their scan confirms they attended the event.

The Massachusetts Council on Aging Annual Conference is in Danvers this year from Oct. 18 -20.

The Neponset Valley Alzheimer's Annual Educational conference is on October 26th. This is the day of our next meeting. Vicki is hoping to be back in time for Board meeting but will have the notes prepared in the event that Elaine or Pam needs to be here in my place.

Our requests from Friends are in the folders. All approved at their 9/16 meeting.

HESSCO Report: Helen read the report.

No old business:

No unfinished business:

Meeting Adjourned at 4:00 pm

Respectfully submitted,

Ann Alibrandi